

LIFEGUARD CERTIFICATION COURSE



American
Red Cross



This course is designed to give participants the basic skills and knowledge needed to be lifeguards in pools and aquatic environments. This comprehensive course offers up to date information on how to guard, anticipate problems, and take action to help those in need. CPR, First Aid, and AED certifications are included in the cost of the program. Participants must pass a Swim Test on the first day of class.

Swim Test:

Swim 300 Yards Continuously
Tread Water 2 minutes
Timed Brick Retrieval - 7 Foot

COST: \$225



SESSION 1

Registration deadline:

May 11

Dates:

May 18 - 4:30pm - 6:30pm
May 25 - 4:30pm - 7:30pm
May 27 - 4:30pm - 7:30pm
June 1 - 4:30pm - 7:30pm
June 3 - 4:30pm - 7:30pm
June 8 - 4:30pm - 7:30pm
June 10 - 4:30pm - 7:30pm

SESSION 2

Registration deadline:

June 14

Dates:

June 21 - 2pm - 4pm
June 24 - 11am - 4pm
June 25 - 11am - 4pm
June 26 - 11am - 4pm
June 27 - 11am - 4pm

Participants must attend all class dates

LIFEGUARD REVIEW COURSE: April 18- 9am-4pm or June 19 - 9am-4pm **Cost:** \$120

Must bring: Current Lifeguard Certification, Pocket Mask, Lunch, Swimsuit & Towel
For more information contact Tiffany (tiffany@whitefishwave.com) Phone: 406-730-6172