

BEST START PACKAGES!

PLATINUM

Individual

\$229

Smart Start Session

+

MZ3 Myzone Belt

+

one of the following

- (4) 55 Min. Personal Training Sessions
- (3) 90 Min. F.S.T./Mobility Session
- (1) 55 Min. + (3) 30 Min. Sessions with a Dietitian/Health Coach

(value \$339)

Couple

\$339

Smart Start Session

+

MZ3 Myzone Belt

+

- (2) MZ3 MyZone Belts
- (4) 55 Min. DUO Personal Training Sessions

(value \$480)

GOLD

Individual

\$139

Smart Start Session

+

MZ3 Myzone Belt

+

one of the following

- (4) 30 Min. Personal Training Sessions
- (1) 90 Min. F.S.T./Mobility Session
- (1) 55 Min. + (1) 30 Min. Sessions with a Dietitian/Health Coach

(value \$239)

\$5.00 off your first visit to

BACK TO BALANCE
Massage

ELEVATE
HEALTH COACHING + TRAINING

May be added to existing packages or agreements.

Available for a limited time, 1 Package per person!