

Giving Thanks



The WAVE will be **CLOSED**
on Thanksgiving Day

Black Friday Specialty Classes

Pumpkin Pump

9:00-10:00AM with Erica • Group Fitness Studio

The Shopper Soaker

9:00-10:00AM with Janita • Warm Pool

Black Friday Body, Mind & Soul

10:00-11:00 AM with Angie • Mind & Body Studio

Attack the Sales

10:15-11:00AM with Brit • Group Fitness Studio

Get Up, SIT UPS, Shop!

11:15-11:45 AM with Michelle • Group Fitness Studio

No Regularly Scheduled Group Fitness Classes
will take place on Black Friday

We wish you all a Happy Thanksgiving!



www.whitefishwave.com

