



LAP POOL SCHEDULE

Schedule Effective
September 2 - Nov. 12

Water Temp 82-84* 137,000 Gallons

6 Lane 25 Yards

(#) = Lanes Used

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5am - 6am	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Closed		
6am - 7am	Coach on Deck (5)		Coach on Deck (5)					Lap Swim (4)
7am - 8am	Lap Swim (6)		Lap Swim (6)			Lap Swim (4)		
8am - 9am			HIIT Method 8:30-9:30		Coach on Deck (5) 8:30-9:30		HIIT Method 8:30-9:30	
9am - 10am			Lap Swim (4)		Lap Swim (6)		Lap Swim (4)	Group Swim Lessons (1)
10am - 11pm								
11am - 12pm								
12pm - 1pm	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)		
1pm - 2pm								
2pm - 3pm								
3pm-4pm								
4pm -5pm	Wave Ryders Swim Team 3:45-7pm (5)	Wave Ryders Swim Team 3:45-7pm (5)	Wave Ryders Swim Team 3:45-6pm (5)	Wave Ryders Swim Team 3:45-7pm (5)	Wave Ryders Swim Team 3:45-7pm (5)	Lap Swim (4)	Lap Swim (4)	
5pm-6pm								
6p - 7pm	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)			
7pm-9:45pm			Closed at 7:45pm					

Group Swim Lessons Start September 9th

Please circle swim when lap swim times are busy.

Private Swim Lessons may occur during Lap Swim and/or Open Swim

WARM POOL SCHEDULE



Water Temp 90-92* 37,000 Gallons

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am - 6am	Open Swim					Closed	Closed
6am - 7am							
7am - 8am						18+	18+
8am - 9am							
9am - 10am	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	
10am - 11am	Group Swim Lessons	Open Swim	Group Swim Lessons	All- Board Pre-School Lessons Start October 10	All- Board Pre-School Lessons Start October 11	Group Swim Lessons	Open Swim
11am - 12pm							
12pm - 1pm	18+		18+	Open Swim	18+		
1pm - 2pm							
2pm - 3pm	Physical Therapy					Open Swim	
3pm - 4pm							
4pm - 5pm	Group Swim Lessons	Open Swim	Group Swim Lessons	Open Swim	Open Swim	Open Swim	
5pm - 6pm		Group Swim Lessons		Open Swim			Group Swim Lessons
6pm - 7pm	Open Swim		Open Swim				
7pm - 9:45pm	Open Swim	Open Swim	Open Swim	Open Swim			Closed at 7:45pm

*Private swim lessons may occur during Open Swim and Lap Swim times

Group Swim Lessons Start September 9th