



Welcome to the Wave Ryders Swim Club
Registration Packet 2018-2019

Please use this guide to help successfully complete the registration packet. Before your swimmer is able to participate in any practices as a member of the Wave Ryders Swim Club you must have the packet completed and turned into a Membership Coordinator.

- **Read and acknowledge Commitment Agreement, Code of Conduct, Disciplinary Action, Parents Responsibility, Volunteer Policy, Practice and Attendance and Photo Release.**
- **Sign agreement terms and photo release, payment for the amount required to start swimming including the yearly registration fee, first month's dues, and 2018 USA swimming registration fee.**
- **Complete Activity Release Form and Liability waiver.**
- **Completed and sign 2018 USA swimming registration form.**
- **Goal Setting sheet**
- **Apparel order form**
- **Payment options form**

Please make an appointment with a Membership Coordinator to process your swim team membership

Thank you!

For additional information about Wave Ryders Swim Club, please refer to Wave Ryders Swim Club website <http://www.teamunify.com/Home.jsp?team=mtwrsc>. Please feel free to contact Head Coach Hayley at hayley@whitefishwave.com if you should have any questions.

Commitment Agreement

The below information summarizes the key commitment areas and provides the mechanism to communicate your understanding of these requirements and acknowledgement of your obligation to fulfill the responsibilities in order to remain as a member in good standing of the Wave Ryders Swim Club.

Based on the coach's evaluation, your child will be placed in one of the following swim Groups: **Junior Ryders, Red Ryders, White Ryders, Senior Ryders**

- **Training Fees:** I/we agree to pay training fees (dues) according to rates defined in Team Fees Section on page 7.
- **Leave of Absence and Cancellation Form:** I understand that I have to turn in a completed form into the accounting office at the **20th prior to the month** of leave of absence or cancellation. Swimming any part of the month requires full payment for that month. Leaving the team requires written notification to the accounting office by the 20th of the month in order to avoid being billed for the next month. Verbal notice to the team business manager and/or swimmer's coach that one plans to quit or wants to take the "Leave of Absence Option" is NOT proper notice.
- **Yearly Registration Fee (September – August):** I understand and agree to pay the yearly registration fee of \$50.00 per family.
- **Code of Conduct:** We (swimmer and parent) understand and agree to the code of conduct for participation in the Wave Ryders Swim Club.
- **Volunteer Policy:** I have read and understand the volunteer policy.
- **Swim Meet Attendance & Entry Fees:** I understand and agree to pay the meet entry fees for the meets for which my swimmer(s) signs up.
 - **Swim Meet Finals-** It is encouraged that all swimmers that qualify for finals stay the full duration of a swim meet and participate in finals.
- **Practices:** Swimmers must attend a minimum of 50% of scheduled level practices before attending each swim meet. Dates start after each swim meet
 - Example: If swimmer is a Red Ryder committed to 3 times per week and there was a swim meet the first week of January, then to attend the second meet which is the third week of January, the swimmer must attend at least 3 practices, (6 total practices between meets, 50% of equals 3 practices in a 2 week time frame.)
- **Swim Meets:** Swimmers must swim a minimum of two regular swim meets and commit to attend the State meet if they qualify.

Code of Conduct

An athlete receives many benefits from participating in training and competition: physical fitness, mental discipline, self-understanding, communication skills and friendships. The following code of conduct was created to ensure that we provide the best environment for a swimmer's development. The conduct of Wave Ryders swimmers and their parents shall always reflect positively and respectfully toward others and the Wave Ryders team. As a member of Wave Ryders Swim Club, I accept the following responsibilities and agree to the following:

- As a Wave Ryder Swimmer I agree to:
 - Respectfully comply with the instructions of Wave Ryders Coaches. They put forth maximum effort to help me succeed.
 - **Arrive on time**, and conscientiously and enthusiastically apply myself to all practices, swim meets, team functions and meetings I attend, as late arrivals and bad attitudes are very disruptive and detrimental to our team.
 - Conduct myself in an honest and respectful manner and with good sportsmanship towards coaches, officials, administrators, parents and fellow athletes.
 - Always maintain and display a positive and supportive attitude toward the Wave Ryders program, team, coaches, and my teammates.
 - Refuse to participate in any behavior that could be considered detrimental to Wave Ryders Swim club, Wave Ryders Coaches, or my teammates and refrain from any activity that could tarnish the positive reputation of Wave Ryders Swim Club

- I care for my body and maintain a lifestyle to enable my body to operate at its maximum performance.
- Show team spirit and make an effort to participate in club activities, as the club's success depends on the involvement of all of its swimmers and their families.
- Obey all pool and locker room rules as per Wave policies.
- Do not leave practices or swim meets early without the coach's permission prior to the event.
- At swim meets as a Wave Ryders Swimmer I agree to:
 - Arrive 15 minutes before warm-up is scheduled.
 - Report to my coach upon arrival at swim meets.
 - Perform all warm up and warm down assignments assigned by the coaches.
 - Check-in at timely manner and keep track of my heat/lane assignment and the meet progression.
 - Report to my coach *before* and *after* each of my events.
 - Sit with my team in the designated team/athlete section.
 - Always show support for my teammates.
 - Enthusiastically participate in team cheers in an appropriate manner.
 - Willingly participate in relays whenever possible.
 - All swimmers shall put the success of the team ahead of individual goals.
- Swimmers are prohibited from:
 - Using Alcohol, tobacco products, illegal drugs or controlled substance
 - Using profanity or obscene gestures
 - Inflicting physical abuse, sexual abuse, fighting, bullying or hazing
 - Destroying or stealing the property of others, including athletic facilities
 - Engaging in any illegal activity or behavior

Wave Ryders Swimmer Disciplinary Policy

At the Wave Ryders Swim Club, we strive to provide a safe, healthy, and positive environment for swimmers to be able to focus on their swimming. Above the Line behaviors are necessary for this to occur. Swimmers choosing to continuously engage in Below the Line behaviors may be asked to sit out in practice or, depending on the situation, asked to leave practice for the night. Consequences will be designed to fit the problems of individual swimmers and they may be different even when the problems appear to be the same. Equal is not always fair. Consequences for Below the Line behaviors will be up to the coach's discretion as each swimmer and situation is unique.

Engaging in Bottom Line behaviors will remove a swimmer from practice for three days and they will not be able to return until a meeting with the coach, swimmer and parent takes place. Depending on the severity of the action The Wave and Wave Ryders reserves the right to permanently remove a swimmer from the team or The Wave.

Above the Line Behaviors

Give *RESPECT*
Be *RESPONSIBLE*
Build *RELATIONSHIPS*

Below the Line Behaviors

Being *DISRESPECTFUL*
Being *IRRESPONSIBLE*
Being *UNCOOPERATIVE*

Bottom Line Behaviors

Fighting, Vandalism, Chronic Misbehavior
Possessing a Weapon, Drugs or Alcohol
Other Criminal Acts

Parent's Responsibilities

Wave Ryders Swim Club's success depends also on the support and commitment of Wave Ryders parents. Remember children swim for their own enjoyment, not yours. As the parent of a Wave Ryders swimmer you are responsible for:

- Reinforce the Wave Ryders Code of Conduct with your swimmer. Respectful and obedient swimmers allow our coaches to focus on assisting your swimmer(s) rather than discipline them.
- Maintaining focus what's best for your swimmer's maximum potential. Encourage and praise their hard work and accomplishments.
- Maintain reasonable expectations and foster a positive, supportive and productive relationship with Wave Ryders coaches and staff.

- Arrive on time to pick up and dropping off of your swimmers. The coaches are not responsible, or liable for swimmers left at the pool more than 15 minutes prior to and 15 minutes after practice times. Swimmers should wait inside the facility.
- Conduct myself in an honest and respectful manner and with good sportsmanship towards coaches, officials, administrators and other swimmers and parents.
- Refusal to participate in any behavior that could be considered detrimental to Wave Ryders Swim Club, Wave Ryders coaches or Wave Ryders swimmers and refrain from any activity that could detract from a positive image of Wave Ryders Swim Club.
- Refrain from disrupting practices by: arriving late, staying on the pool deck, talking to Wave Ryders coaches during practice. The coaches have limited time with swimmers so they need to maximize their scheduled time staying focused on their athletes. Although it may appear that a quick question or comment is not disruptive, it detracts from the coaches and the swimmer's focus during practice.
- Always bring issues and concerns to lead coach or aquatics manager in a timely manner. This can be done before or after practices or via email.
- Always maintain and display a positive and supportive attitude towards the Wave Ryders Swim Club program, team, coaches, Wave Ryders swimmers and other parents.
- Ensure that your swimmer is wearing Wave Ryders gear at all meets (i.e. team swim cap, black or navy suit is a minimum requirement)
- Provide your swimmer with appropriate nutritional meals, snacks and beverages.
- Ensure your swimmer is well rested for optimal performance at all meets and practices.

Volunteer Policy

Volunteering is a vital part or the success of our Wave Ryder Swim Team program. Each swim family must volunteer a minimum of 14 hours during the short course (September-April) and 2 hours during the long course (May-July). Participating in a minimum of 2 Parents Advisory Committee meeting is required. **I understand that the account will be charged \$10.00 for every hour that I do not volunteer and this will be charged to the swim account.**

- Options for volunteer hours include but not limited to:
 - Fall Frenzy Swim Meet
 - Wave Golf Scramble
 - End of the Season Celebrations
 - Food for Pot Lucks
 - Volunteer for a Position of the Wave Ryders Parent Advisory Committee (PAC)

PRACTICE AND ATTENDANCE POLICIES

Each training group has specific attendance requirements appropriate for the objectives of that group. As a general rule, the least possible interruption in the training schedule will produce the greatest amount of success. ***The club does, however, encourage younger swimmers to participate in other activities in addition to swimming.*** The expectation level of the coaches to attend practices increases as swimmers move to higher groups.

- The swimmers should arrive at the Wave no earlier than 15 minutes prior to their workout time. Check in at the front or back service desk and proceed to locker rooms. Swimmers should be ready to swim ten minutes prior to the start of their practice. They should also be picked up no later than 15 minutes after their practice is over.
- In case an athlete is late for practice, it is our hope that the parents will send a note with the child explaining the reason for tardiness, or check in with the coach on deck.
- Plan to stay the entire practice. The last part of practice is very often the most important. Usually, there are also announcements made at the end of practice. In the event that your child needs to be dismissed early from practice, a note or verbal communication to the swimmers coach from the parent for each dismissal is required.

- Occasionally, most of a practice group may be attending a meet, in which case you will be notified of a practice change or cancellation.
- While at the Wave, the swimmers are the responsibility of the coaching staff.
 - During practice sessions, swimmers are never to leave the pool area without coach's permission.
- The club has an obligation to act as guests while in the Wave (both swimmers and parents). Every member of the club needs to do everything possible to respect this privilege. Any damages to The Wave property may result in financial liability of the swimmers parents. Any damage may also result in the swimmer being asked to leave the team permanently.
- Parents are allowed to observe practice from the viewing area or the lobby area or a chair on deck. Do not try to communicate with any swimmer or coach from the observation areas. This is not only distracting to the swimmer, but can also be distracting to the entire team as well as the coach.
- Practice Suits- Swimmers are not required to wear a team suit during practice. Girls may not wear two-piece suits at practice. Any other swimming suit that meets the common standards of decency and does not interfere with a swimmer's ability to use proper technique is permitted to be worn at practice.
- Team swim caps are option for swim practice and required for all swim meets.
- ALL swimmers should wear a tightly fitting team suit at swim meets. Tech suits are not permitted to be worn at non championship format meets they are allowed during championship or championship format meets (qualifying prelim/final or 500/1650 free & 400 I.M. events) . Should an alternative suit be required or wanted when working towards a goal, the coaches will identify that situation with the swimmer prior to the meet in question. Permission must be given from a coach in these situations.

PHOTOGRAPHIC and/or VIDEOTAPING

I understand that photograph and videotaping will occur during the swim season at The Wave Aquatic Center for the purposes of analyzing and evaluating the athletes swimming technique and overall performance, plus for the purpose of advertising and marketing materials for the Wave Ryders Swim Club.

I understand that in that context videotapes and/or photographs (all of which are referred to as 'Pictures') of the minor named below will be taken. I hereby consent to the Pictures of the named minor that will be produced by the Wave Ryders Swim Club in conjunction with the athletes' parent(s), during the swim season and in location specified above. I also verify my authority as parent or guardian to make such agreements on behalf of the named minor.

The Wave Ryders Swim Club its agents or assigns, will be using this video for instructional purposes for all athletes. The video is an instructional tool strictly for viewing and discussion between the coach, parent(s), teammates, and athlete filmed. I understand that the named minor will not receive monetary compensation for participating in this project either now or in the future. I do hereby release and hold harmless the Wave Ryders Swim Club, its PAC members, the Wave's employees, agents, or assigns from any claims.

This Agreement constitutes the entire Agreement between the Wave Ryders Swim Club and me or the named minor. THE PARTIES have read and agreed to all the terms set forth herein.

Photo Release

Minor's Full Name: _____

____ I agree that my swimmer may be photographed and/or videotaped for instructional use and/or for advertisement and marketing materials for the Wave Ryders Swim Club.

____ I do not want my swimmer to be photograph and/or videotaped by the Wave Ryders Swim Club.

(Print name of parent or guardian)

(Signature of parent or guardian)

(Date)

Agreements

We understand and agree to the **Commitment Agreement, Code of Conduct, Disciplinary Policy, Parents Responsibilities, Volunteer Policy** for participation in the Wave Ryders Swim Club. Please sign and return this form to the club.

(Print name of **swimmer** participating)

(Signature of **swimmer** participating)

(Date)

(Print name of **parent** or guardian)

(Signature of **parent** or guardian)

(Date)

Wave Ryder Fees

- Yearly Swim Team Membership Fee (per family) \$50
- USA Swimming Registration - \$90
- Monthly Fee \$_____
- Total Amount Paid \$_____

	Wave Member	Non member
Junior Ryder	\$60.00	\$90.00
Red Ryder	\$65.00	\$95.00
White Ryder	\$70.00	\$100.00
Senior Ryder	\$70.00	\$100.00

Families that have 3+ athletes will get a 20% discount

_____ I would like to pay the initial fees by the Credit Card shown on the Payment Options Form

_____ I have attached a check for the initial fees

Wave Ryders Swim Club Activity Information

Swimmer's Last Name: _____ First Name: _____ Middle Initial: _____

Swimmers Date of Birth: _____ Grade in School: _____ Age _____

Fathers Name: _____ Mother's Name: _____

Address: _____ City: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Parents Email : _____ Swimmers Email: _____

Member _____ Non Member _____

Medical Information

Participant has the following health problems or risks that the staff should be aware of:

Emergency Information

In case of an emergency (and parent/guardian is not available), contact:

Name: _____ Phone: _____

Relationship to swimmer: _____ Cell Phone: _____

Wave Ryders Swim Club Participation liability Waiver and Emergency Release

(Read carefully before signing)

EXPRESS ASSUMPTION OF RISK: I, the undersigned, hereby expressly and affirmatively state that I wish to participate in exercise and/or activity at The Wave. I am aware that if I answered yes to one or more of the questions on the Modified PAR – Q & YOU form that I am at increased risk for injury or death while participating in exercise or activity at The Wave. I also understand that it is the recommendation of The Wave to speak with your doctor by phone or in person to discuss exercise guidelines or limitations BEFORE you start utilizing The Wave.

I realize that my participation involves risks of injury, including but not limited to strains, sprains, heart attack, stroke or even death. I also recognize that there are many other risks of injury, including serious disabling injuries that may arise due to my participation in these exercises or activities. I understand it is not possible to specifically list each and every individual injury risk. However, knowing the material risks and appreciating, knowing, and reasonably anticipating that other injuries and even death are a possibility, I hereby expressly assume all of the delineated risks of injury, all other possible risk of injury, and even risk of death, which could occur by reason of my participation.

Printed Name: _____

Signature: _____ **Date:** _____

RELEASE OF LIABILITY: I have read, completed and understand this questionnaire. Any questions I had were answered to my full satisfaction. I understand the potential risk of illness, injury or aggravation of pre-existing conditions. I consent to emergency treatment, including the administration of whatever medication deemed necessary by emergency medical personnel for my care in the event of injury or illness. I understand the performance of any exercise is my responsibility and NO EXERCISE IS MANDATORY. I also understand that I must notify The Wave of any changes in health status which would cause me to answer yes to any of the eight PAR – Q questions. With this understanding I release The Wave, its agents, and employees from liability associated with my own negligence in participating in my exercise program.

Printed Name: _____

Signature: _____ **Date:** _____



2019 ATHLETE REGISTRATION APPLICATION
LSC: Montana Swimming

PLEASE PRINT LEGIBLY • COMPLETE ALL INFORMATION:

LAST NAME LEGAL FIRST NAME MIDDLE NAME

PREFERRED NAME DATE OF BIRTH (MO/DAY/YR) SEX (M/F) AGE CLUB CODE NAME OF CLUB YOU REPRESENT

(Bill, Beth, Scooter, Liz, Bobby) FATHER/GUARDIAN LAST NAME FATHER/GUARDIAN FIRST NAME MOTHER/GUARDIAN LAST NAME MOTHER/GUARDIAN FIRST NAME

MAILING ADDRESS

CITY STATE ZIP CODE

AREA CODE TELEPHONE NO. FAMILY/HOUSEHOLD E-MAIL ADDRESS

- DISABILITY:
A. Legally Blind or Visually Impaired
B. Deaf or Hard of Hearing
C. Physical Disability such as amputation, cerebral palsy, dwarfism, spinal injury, mobility impairment
D. Cognitive Disability such as severe learning disorder, autism

- RACE AND ETHNICITY (You may check up to two choices):
Q. Black or African American
R. Asian
S. White
T. Hispanic or Latino
U. American Indian & Alaska Native
V. Some Other Race
W. Native Hawaiian & Other Pacific Islander

MAKE CHECK PAYABLE TO:

The Wave
MAIL APPLICATION & PAYMENT TO:
Montana Swimming
Lanni Jacobson
PO Box 8276
Missoula, MT 59807

U.S. CITIZEN: YES NO

ARE YOU A MEMBER OF ANOTHER FEDERATION? YES NO

IF YES, WHICH FEDERATION:

HAVE YOU REPRESENTED THAT FEDERATION AT INTERNATIONAL COMPETITION? YES NO

REGISTRATION FEE
Sept. 1, 2018 through Dec. 31, 2019
USA Swimming Fee \$60.00 LSC Fee \$30.00
TOTAL DUE \$90.00

HIGH SCHOOL STUDENTS - Year of high school graduation:

YEAR LAST REGISTERED: IF YOU REGISTERED WITH A DIFFERENT USA SWIMMING CLUB IN 2014, ENTER THAT CLUB CODE: LSC CODE: AND THE DATE OF YOUR LAST COMPETITION REPRESENTING THAT CLUB:

SIGN HERE x SIGNATURE OF ATHLETE, PARENT OR GUARDIAN DATE

REG. DATE/LSC USE ONLY

2018 – 19 Goals

What is your Short Course Fall Season 2018 - 2019 Goal?

What is your favorite stroke?

What is your favorite race?

What stroke would you like to improve on?

Why?

What is your most important meet this 2018-2019 Season?

Why?

Favorite thing to do other than swim:

What are some things the Wave program can do to help you achieve your goals?

Why do you swim for the Wave?

(Parents) Please pick a Time for one of our upcoming events to sign up to volunteer.

Monday Sept 24th

Saturday Oct 6th

Sat & Sun Oct 20th & 21st

Mock Meet

Golf Scramble

Fall Frenzy Swim Meet

Things to look at:

	Current Time	Goal Time	State Cut
Fly	25 Fly- 50 Fly - 100 Fly – 200 Fly –		
Back	25 Back- 50 Back- 100 Back – 200 Back –		
Breast	25 Breast – 50 Breast – 100 Breast – 200 Breast –		
Free	25 Free- 50 Free - 100 Free - 200 Free - 500 Free – 1650 Free –		
IM	100 IM – 200 IM – 400 IM –		

WAVE RYDER Monthly Payment Options

Monthly swim team fees are due on the 5th of each month at: The Wave, 1250 Baker Ave, Whitefish, MT 59937. Any changes (cancellations) must be received in writing at The Wave office by the 20th prior to the month of change.

Name of swimmer: _____

Contact Name and Phone #: _____

Electronic Funds Transfer Options:

- Easy Pay Option: *I would like my monthly swim team fees and charges to be automatically taken from my bank account.*
- EFT Checking: (Attach a voided copy of your check - deposit slips do not always work properly.)**
- EFT Savings: (Attach a copy of your savings account bank card - deposit slips do not always work properly.)**

Bank Name Account Number

Bank Routing Number

I authorize The Wave to begin monthly deductions from my account. I can stop payment of any entry by notifying The Wave in writing. All account changes must be made by the 20th of the prior month in which the change is to become effective.

(Signature) (Date)

Printed Name

Credit Card Options:

- I would like my monthly swim team fees and charges to be charged to my credit card account.*

(circle one) **Visa MasterCard Discover**

Card Number: _____ Expiration date: _____

Card Holder Signature _____ Date: _____

Printed Name _____

I, _____ (print) authorize The Wave to charge my Wave account for swim meet fees, equipment, volunteer gap payment, and any other charges associated with my child participating in the Wave Ryders.

Signature Date