

Have questions? What does this machine do?  
Is my form correct?

ASK OUR FLOOR TRAINER!  
**SCOTT CORBIN**

\*On Staff at these times:

- Monday: 8<sub>am</sub> – 12<sub>pm</sub>  
4<sub>pm</sub> – 6:30<sub>pm</sub>
- Tuesday: 8<sub>am</sub> – 12<sub>pm</sub>  
4<sub>pm</sub> – 6:30<sub>pm</sub>
- Wednesday: 8<sub>am</sub> – 12<sub>pm</sub>  
4<sub>pm</sub> – 6:30<sub>pm</sub>
- Friday: 8<sub>am</sub> – 12<sub>pm</sub>  
4<sub>pm</sub> – 6:30<sub>pm</sub>



\*Floor trainer may not always be available during these times due to subbing for classes or training sessions/consultations